

Come and See What's New at the Journey Center



A Taste of the Journey Center

Saturday, October 14, 10:00 a.m. – 4:00 p.m.

Participate in spiritual practices and meet with our staff and team of spiritual directors to learn how the Journey Center may nourish you on your spiritual journey. Lunch will be served and this day is complimentary.

Morning (10:00 a.m. – 12:20 p.m.)

- Spiritual practice
- Morning includes introducing Journey Center 2.0 with Q&A
- Breakout Sessions: Conversation about Journey Center's Offerings & Services and a Spiritual Practice

Lunch (12:20 p.m.)

Afternoon (1:15 – 4:00 p.m.)

- Contemplative Walk
- Breakout Sessions: Spiritual Direction presentation and a Spiritual Practice
 - Reflection on Day, Q&A and conclusion

By October 9, please **RSVP** to Robin, if you'd like to enjoy lunch with us, at robin@journeycenter.org or (707) 578-2121.

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(707) 578-2121 www.journeycenter.org