

# The Spiritual Exercises of St. Ignatius of Loyola

Wednesdays, 7–8:30 p.m., Sept. 12 – Oct. 24

The Spiritual Exercises of St. Ignatius of Loyola are designed for anyone who is already a person of prayer who is seeking a deeper relationship with God. Learn how to integrate the experience of God's Spirit into your daily life through prayer meditations, scripture readings and prayerful reflection.

Led by Gloria Fahy and Linda Albert, Spiritual Directors.

Suggested donation: \$75 for the 7-week series.

Register at [www.journeycenter.org](http://www.journeycenter.org) or call (707) 578-2121.



A weekly retreat in everyday life

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[info@journeycenter.org](mailto:info@journeycenter.org)