

# SPIRITUAL DIRECTION

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## FREE INTRODUCTORY SEMINAR



**Saturday, February 17, 10 am - Noon**

What is the ancient practice called spiritual direction?  
How can it enhance and support your spiritual journey?

To find out, join us for this free workshop, which is at  
the core of what we offer here at the Journey Center.

People from many spiritual paths are discovering the benefits of  
meeting regularly with a spiritual director in order to grow in their  
awareness of the presence and movement of God in their lives.

Register on our website at [www.journeycenter.org](http://www.journeycenter.org) or  
call The Journey Center at (707) 578-2121.

Journey  Center santa rosa

ENCOUNTER GOD • BE RENEWED

1601 Fourth Street  
Santa Rosa, CA 95404  
(707) 578-2121

Everyone Welcome

Workshops • Retreats • Art Gallery • Spiritual Direction

[www.journeycenter.org](http://www.journeycenter.org)  
[info@journeycenter.org](mailto:info@journeycenter.org)