

Spiritual Direction



An Invitation to Encounter the Holy (Free Workshop)

Thursday, October 3,
7–9 p.m.

The Journey Center

*What is this ancient practice called spiritual direction?
How can it enhance and support your spiritual journey?*

A growing number of people from many spiritual paths are discovering the benefits of meeting regularly with a spiritual director in order to grow in their awareness of the presence and movement of God in their lives.

To attend this free workshop, register on our website (www.journeycenter.org) or by calling the Journey Center at 707-578-2121. Facilitated by Linda Albert and Dick Meyer.

Individual Spiritual Direction

Life was meant to be lived with an awareness of God's presence and love. In spiritual direction, we set aside time to meet with someone who will prayerfully listen as we reflect on our relationship with our Creator, and who will help us discern and experience God's presence and the Spirit's movement in more of a moment-by-moment way.

At the Journey Center, our spiritual directors are available to meet with individuals seeking direction for a fee that is determined on a sliding scale basis. If you are interested in exploring the possibility of experiencing spiritual direction, please call us at (707) 578-2121. One of our spiritual directors will be glad to meet with you for one session at no charge.

WE ARE NOW ACCEPTING APPLICATIONS FOR THE JOURNEY CENTER'S 2-YEAR TRAINING PROGRAM IN SPIRITUAL DIRECTION AND CONTEMPLATIVE RETREAT LEADERSHIP! Our current interns will be graduating soon and we are now preparing for the 2014 start of the next group to go through this excellent and unique program. If you are interested in exploring the possibility that the Spirit might be calling you to be trained to serve as a spiritual director, please contact Joanna Quintrell for information. She can be reached at 707-578-2121 or joanna@journeycenter.org.

