

# INDIVIDUAL RESOURCES

*For those seeking guidance, healing  
and wholeness in their lives*



## *Life Coaching Strategy Sessions*

### **By appointment**

Meet with Master Coach & Spiritual Director **Cynthia H. Stringer** to develop and make profitable your spiritual business and align your career with your authenticity, values, vision, purpose and heart's desire.

**Cynthia H. Stringer** is a Master Coach and Spiritual Director. Contact Cynthia for an appointment at (707) 888-9378 or [cynthia@successbydesign.net](mailto:cynthia@successbydesign.net).

**Cost:** Donation to the Journey Center.



## *Counseling*

### **By appointment**

For over 40 years, **Dan Beach**, Marriage and Family Therapist and Journey Center Spiritual Director, has been offering counseling services to individuals, couples, families, children and adolescents in a variety of settings.

**Dan Beach** is a licensed marriage and family therapist who has been in practice since 1976, working with people who are facing difficulties in their life. If you would like to talk with Dan about what counseling could offer you, contact him at (707) 291-5845.



## *The Attorney Is In*

**By appointment, Mondays at 5:00, 5:45 and 6:30 p.m. May 22, June 26, July 24, and August 28**

Meet with attorney, **Roy Johnston**, at the Journey Center for a no-cost 30-minute consultation.

**Roy Johnston** is a specialist in estate planning, probate, trust administration, mortgages, real estate and business, and is conversant in family law and bankruptcy. For an appointment, contact the Journey Center at (707) 578-2121 at least 7 days prior to your desired appointment date.

**Cost:** Donation to the Journey Center.