



# *Martha and Mary:* *The Path of Contemplative Service*

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*In what ways are you like Martha? In what ways are you like Mary?*

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***Saturday, February 7, 10 a.m.–3 p.m.***

In what ways are you like Martha? In what ways are you like Mary? In this workshop we'll explore together the integration of action (service/Martha) and contemplation (prayer/Mary) that is a distinguishing and central feature of the Christ-centered spiritual journey. We'll examine and pray with three gospel stories about the sisters of Bethany and how together they teach us about the depths of faith and hope manifesting in love.

This will be a time to look at the interplay of prayer and action in your life. if you are a servant seeking a balancing practice of prayer, or a contemplative in discernment about the service calling you, join us for this time of reflecting with Martha and Mary.

*The class is facilitated by Ruah Bull, Spiritual Director  
and is held at the Journey Center. The cost is \$45.*