

Sacred Listening Circle

Listening as a Spiritual Practice

Tuesdays

May 16, June 20, July 18, August 22

6:30 p.m. – 7:30 p.m.

Become part of a safe and comfortable listening circle in which silence, speaking, and listening are held in reverence and confidence. Share and discover your authentic voice and practice compassionate listening as others speak their unique truth.

We'll develop the art of listening as we open to whatever is present in you and in your life. There will be no prearranged topics of discussion. This is simply a time to sit, speak and listen knowing that the divine is ever present in all things in every moment.

Facilitated by Victoria Tonski, Spiritual Director and Retreat Facilitator. Cost: \$10 for each gathering.