

# *Journey Home Week*

*Step out of the busyness of your life to experience the presence and love of your Creator in a deep and life-transforming way . . . without spending the night away from home or taking time off work!*

## *Spiritual Direction: An Invitation to Encounter the Holy*

What is the ancient practice called spiritual direction? How can it enhance and support your spiritual journey? To find out, join us for this free workshop, which includes a demonstration of an actual session.

A growing number of people from many spiritual paths are discovering the benefits of meeting regularly with a spiritual director in order to grow in their awareness of the presence and movement of God in their lives.

Led by Joanna Quintrell and Dale Webb.

This is a free event; however, registration is required.

*Wednesday, May 18, 6:30-8:30 p.m.*

*The Journey Center 1601 Fourth Street Santa Rosa CA 95404 707-578-2121*  
*www.journeycenter.org*