

Journey Home Week

Step out of the busyness of your life to experience the presence and love of your Creator in a deep and life-transforming way . . . without spending the night away from home or taking time off work!

Contemplative Workshops

*Spiritual Direction
An Invitation to
Encounter the Holy*

*Tuesday, April 21
6:30-8:30 p.m.*

What is the ancient practice called spiritual direction? How can it enhance and support your spiritual journey? To find out, join us for this free workshop. A growing number of people from many spiritual paths are discovering the benefits of meeting regularly with a spiritual director in order to grow in their awareness of the presence and movement of God in their lives.

Led by Joanna Quintrell and Robin Terwilliger-Orton, spiritual directors.

Cost: Free.

Register online at www.journeycenter.org or call 707-578-2121.

*Imaginative Prayer
Encountering Christ in the
Stories of His Life*

*Thursday, April 23
1:30-3:30 p.m.*

This workshop is an introduction to Imaginative Prayer. Participants will have the opportunity to explore the history of this practice and experience a guided prayer/meditation time in which the events of the life of Christ become present and personal, allowing a direct experience of the love of God. Discover the gift of our God-given imagination and experience an encounter with Christ in the gospel stories.

Led by Linda Albert, spiritual director.

Cost: Free.

Register online at www.journeycenter.org or call 707-578-2121.

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www.journeycenter.org*