

Journey Home Week

Step out of the busyness of your life to experience the presence and love of your Creator in a deep and life-transforming way . . . without spending the night away from home or taking time off work!

Sunday, May 15–Saturday, May 21, 2016

As a special gift to our community, the Journey Center's spiritual directors have set aside this week in which you are invited to join us for an "at home" contemplative retreat experience. You will have the opportunity, as your schedule allows, to discover a deeper awareness of the presence of the Holy in your life.

This week is designed for those who are new to spiritual direction and contemplative prayer AND for those who are familiar and experienced with these practices. There is something for everyone . . . is the Spirit calling you to receive and experience this free gift?

We begin the week with a candle-lit contemplative healing prayer gathering on Sunday evening, May 15 (6:30-7:30 p.m.), featuring harpist/vocalist Laurie Hartmann. This is an opportunity to enjoy a deeply peaceful and reflective start to your Journey Home week. Throughout the week, workshops and prayer/meditation groups will be offered at various times—both daytime and evening. See the schedule on the other side of this page for the details. You are invited to choose the gatherings that will best support you on your journey home to your own true heart and the heart of God. More information about each group and workshop can be found on our website.

In addition, a half-hour introductory spiritual direction session is available for you (by appointment) with one of our spiritual directors...giving you the opportunity to experience this special gift and discover how this resource can be a blessing to your journey as well. Call 707-578-2121 to schedule your session.

NOTE: There is no charge for anything offered during Journey Home Week...we simply ask that you consider making a donation of any amount to the Journey Center, if you are able and wish to. It may be that you would prefer a longer session with a spiritual director, perhaps more than once during the week, and this can be arranged for a fee that will be worked out with the spiritual director.

The Journey Center 1601 Fourth Street Santa Rosa CA 95404 707-578-2121
www.journeycenter.org

Spiritual Direction

Free half-hour appointments are available with our spiritual directors during Journey Home Week, giving you the opportunity to reflect on your life, your Journey Home Week experiences, your relationship with God. Life was meant to be lived with an awareness of God's presence and love, yet so often we are too busy and distracted to notice! In spiritual direction, we set aside time to meet with someone who will prayerfully listen as we reflect on our relationship with our Creator, and who can help us discern and experience God's presence and the Spirit's movement in more of a moment-by-moment way. Call 707-578-2121 to schedule your appointment.

Event and Registration Information

Gatherings meet at the Journey Center in Santa Rosa unless otherwise indicated.

For workshops that require pre-registration you may call 707-578-2121 or register on our website: www.journeycenter.org/regForm.php

For more information, please visit our website: www.journeycenter.org/hapRetreats.php

DATE	GATHERINGS TODAY	REGISTRATION REQUIRED?
Sunday, May 15	6:30-7:30 p.m. Candlelight contemplative healing prayer gathering with the music of Laurie Hartmann, facilitated by Joanna Quintrell & Cynthia Stringer.	NO
Monday, May 16	12:00-12:45 p.m. Centering Prayer group, facilitated by Barbara Tracy.	NO
Tuesday, May 17	Stop by the Journey Center today between 10 a.m. and 4 p.m. to enjoy our beautiful, peaceful space and a cup of tea or coffee. Read, journal, enjoy the quiet or have a conversation or prayer with spiritual directors Robin or Dale.	NO
Wednesday, May 18	7:30 a.m. Morning Meditations group, facilitated by Joanna Quintrell.	NO
	12:00-1:00 p.m. SEBASTOPOL weekly contemplative prayer/meditation group. Meets at Sebastopol United Methodist Church. Facilitators: Laurie Hartmann and Linda Albert.	NO
	6:30-8:30 p.m. WORKSHOP- Introduction to Spiritual Direction: An Invitation to Encounter the Holy. Facilitated by Joanna Quintrell and Dale Webb.	YES
Thursday, May 19	5:30 p.m. Centering Prayer group- facilitated by Dick Meyer.	NO
	7:00-8:30 p.m. WORKSHOP- An Introduction to Centering Prayer. Facilitated by Dale Webb.	YES
Friday, May 20	1:00-2:00 p.m. A Quiet Place prayer gathering- facilitated by Robin Terwilliger-Orton.	NO
Saturday, May 21	10:00 a.m.-12:30 p.m. A WALK IN CREATION: contemplative outdoor experience, facilitated by Laurie Hartmann. (PLEASE NOTE: Rain will cancel the hike)	YES

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