

Journey Home Week

Step out of the busyness of your life to experience the presence and love of your Creator in a deep and life-transforming way . . . without spending the night away from home or taking time off work!

Our gift to the community

Sunday, September 27-Saturday, October 3

Join us for an "at home" contemplative retreat experience where you will have the opportunity to take time away from your usual activities, as your schedule allows, and discover a deeper awareness of the presence of the Holy in your life.

This week is designed for those new to spiritual direction and contemplative prayer AND for those familiar and experienced with these practices. There is something for everyone...is the Spirit calling you to experience this gift for which there is no charge?

The week begins with a candle-lit contemplative healing-prayer gathering on Sunday, September 27, 6:30-7:30 p.m. This is an opportunity to enjoy a deeply peaceful and reflective start to Journey Home week.

Throughout the week, day and evening workshops and groups will be offered. See the schedule on the other side of this page for details. Choose the gatherings that will best support you on your journey home to your own true heart and the heart of God. More information about each group and workshop can be found on our website.

In addition, a half-hour introductory spiritual direction session is available for you (by appointment) with one of our spiritual directors . . . giving you the opportunity to experience this special gift and discover how this resource can be a blessing to your journey as well. Call 707-578-2121 to schedule your session.

There is no charge for anything offered during Journey Home Week. We simply ask that you consider making a donation of any amount to the Journey Center if you are able and wish to. If you would prefer a longer session with a spiritual director, perhaps more than once during the week, this can be arranged for a fee with the spiritual director.

The Journey Center 1601 Fourth Street Santa Rosa CA 95404 707-578-2121
www.journeycenter.org

Spiritual Direction

Free half-hour appointments are available with our spiritual directors during Journey Home Week, giving you the opportunity to reflect on your life, your Journey Home Week experiences, your relationship with God. Life was meant to be lived with an awareness of God's presence and love, yet so often we are too busy and distracted to notice! In spiritual direction, we set aside time to meet with someone who will prayerfully listen as we reflect on our relationship with our Creator, and who can help us discern and experience God's presence and the Spirit's movement in more of a moment-by-moment way. Call 707-578-2121 to schedule your appointment.

Event and Registration Information

Gatherings meet at the Journey Center in Santa Rosa unless otherwise indicated.

For workshops that require pre-registration you may call 707-578-2121 or register on our website: www.journeycenter.org/regForm.php

For more information on each gathering, please visit our website: www.journeycenter.org/hapRetreats.php

| DATE | GATHERINGS TODAY | REGISTRATION REQUIRED? |
|----------------------------|--|------------------------|
| Sunday, Sept. 27 | 6:30-7:30 p.m. Candlelight contemplative healing prayer gathering, facilitated by Joanna Quintrell and other spiritual directors | NO |
| Monday, Sept. 28 | Noon-12:45 p.m. Centering Prayer group, facilitated by Barbara Tracy | NO |
| Tuesday, Sept. 29 | 7:30-8:30 a.m. Morning Meditations, facilitated by Joanna Quintrell | NO |
| | 12:30- 1:30 p.m. Imaginative Prayer, facilitated by Linda Albert | NO |
| | 6:30-8:30 p.m. WORKSHOP- Spiritual Direction: An Invitation to Encounter the Holy, facilitated by Joanna Quintrell and other spiritual directors | YES |
| | Tuesday, September 29 10:00-11:30 a.m. WORKSHOP- An Introduction to Art as a Spiritual Practice, facilitated by Joanie Springer, local artist | YES |
| Wednesday, Sept. 30 | Noon-1:00 p.m. SANTA ROSA- A Quiet Place, contemplative prayer gathering, facilitated by one of our spiritual directors | NO |
| | Noon-1:00 p.m. SEBASTOPOL prayer/meditation group. Meets at Sebastopol United Methodist Church, facilitated by Laurie Hartmann, Linda Albert | NO |
| | 7:00-8:00 p.m. WORKSHOP- A Contemplative Gathering: An introduction to personal quiet and contemplation, facilitated by Alexandra Montoya | YES |
| Thursday, Oct. 1 | 5:30- 6:30 p.m. Centering Prayer group, facilitated by Dick Meyer | NO |
| | 6:30-8:00 p.m. WORKSHOP- An Introduction to Centering Prayer, facilitated by Dick Meyer | YES |
| Friday, Oct. 2 | 7:30-8:30 a.m. Morning Meditations, facilitated by Joanna Quintrell | NO |
| Saturday, Oct. 3 | 9:00 a.m.-noon Come Away my Beloved: a half-day contemplative retreat experience, facilitated by Joanna Quintrell and other spiritual directors | YES |

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