



Vision Board For Vibrant Health

Use the power of images to catalyze you to a new level of health and vitality!

- Create a vision board of the health transformations you desire.
- Hear from others who have experienced this enriching process.
- Learn how The Creator empowers, heals and equips us for His good works.
- Optional sharing, dialogue and prayer are woven through this facilitated workshop.
- No artistic experience required!

Saturday, June 21, 9-11 a.m.

- Facilitator: Chiara Maria Kae, PhD, nutrition consultant and professor of Health Communications. Cost: \$12.

Call the Journey Center or visit our website to register.

1601 Fourth Street Santa Rosa, CA 95404 (707) 578-2121 www.journeycenter.org