

Spiritual Direction



New! **Group Spiritual Direction: a Model for Redemptive Community**

This group is forming and those who are interested will participate in the decision about when to meet.

Spirituality is a quest for the God who is longing for us, rooted in an ever-deepening desire for the unknown and unknowable-what we refer to as the Divine.

In group spiritual direction, 4-6 people gather together monthly to become more aware of that Mystery and share that awareness in a meditative process of reflective listening and sharing. In group spiritual direction we are collectively present for one another. Each member must be willing to open their spiritual journeys for consideration by others as well as wholeheartedly participate in the group. In sharing the desire to grow closer to God, and creating a trusting supportive atmosphere, we will foster that desire in ourselves and in one another.

Facilitators: Dick Meyer and Linda Albert, Spiritual Directors

Cost: Sliding scale \$35-\$55 per session

To participate in Group Spiritual Direction at the Journey Center, register on our website (www.journeycenter.org) or by calling the Journey Center at 707-578-2121.

