



*Where did you find God today?*

*Finding God in All Things:  
An Introduction to the Spiritual  
Exercises of St. Ignatius of Loyola*

*Meets Wednesdays once a week, 7-9 pm  
August 30; September 6, 13, 20, 27;  
October 4, 11*

*What are The Spiritual Exercises of St. Ignatius of Loyola?*

*How might they deepen my relationship with God  
and help me to grow in spiritual freedom?*

*What does it mean to “find God in all things?”*

*Ignatian Spirituality is grounded in the conviction that  
God is active in our world and not remote from us.*

*Led by Gloria Fahy, Valerie Higdon and Joan Murphy,  
Spiritual Directors.*

*Pre-registration/pre-payment are required. Register and pay  
online at [www.journeycenter.org](http://www.journeycenter.org) or call 707-578-2121.*

*Cost: \$75 for all 7 weeks.*

*Journey Center, 1601 Fourth Street, Santa Rosa  
707-578-2121 [www.journeycenter.org](http://www.journeycenter.org)*