

# The Enneagram Series – *For the Beginner*



The Enneagram is a nine-point diagram that refers to nine basic personality types with distinct patterns of thinking, feeling and acting. This ancient tool can be used for personal and relational transformation.

*Discover The Unique Person You Were Created To Be!*

## **The Enneagram: A Tool for Transformation** *(Free Introductory Workshop)*

**Wednesday, January 13**  
**6:30–9 p.m.**

Join Alexandra Montoya, spiritual director and certified Enneagram teacher, for this free workshop designed to introduce you to the Enneagram, an ancient tool for personal and relational transformation. This is an introduction to the nine personality types of the Enneagram and an opportunity to learn about yourself and others in a relaxed and fun setting! Bring a friend or relative to this great workshop.

*Cost: Free.*  
*Registration required.*

## **The Enneagram Exploration Group**

**Wednesdays**

**January 27–February 24, 7–9 p.m.**

Join Alexandra Montoya, spiritual director and certified Enneagram teacher and Nathan Hemmingway, to deeply explore the nine Enneagram types and discover the unique person you were created to be. Participants must take the WEPSS inventory prior to the first session and bring their results with them. This online inventory can be found at [www.wepss.com](http://www.wepss.com). Registration is required by January 20.

*Cost: Individuals: \$100 + \$10 assessment inventory fee; each additional person you bring is \$50 + \$10 assessment inventory fee. Free to “alumni” who bring someone new with them to the group. We are happy to arrange a payment plan for you. Registration required.*

This workshop and group are held at the Journey Center (1601 4th St.) in Santa Rosa.  
To register, visit our website at [www.journeycenter.org](http://www.journeycenter.org)  
or call The Journey Center at 707-578-2121.



[www.journeycenter.org](http://www.journeycenter.org)

