



# *Life & Career Coaching*

*with Master Coach  
Cynthia H. Stringer*

## *Be Blessed by Your Life*

*Thursday, March 10  
6:30-8:30 pm*

*You are a blessing and your life's activities and goals are an extension of that. Explore in this evening presentation how to synergize and align who you are with what you do. Be present in the moment to reflect, journal and allow the Spirit to bring you clarity on living fully and abundantly.*

*Cost: \$20*

## *Becoming Financially Aligned With Your Purpose*

*Saturday, April 23  
10 am-1 pm*

*Learn the spiritual principles of money to clarify your path. Learn practical steps to create a plan for financial expansion and service which is in alignment with who you are and how the Spirit is working in your life. Handouts, reflection time and follow up Strategy Coaching session included.*

*Cost: \$30*

*Register online at [www.journeycenter.org](http://www.journeycenter.org) or call 707-578-2121  
Journey Center, 1601 Fourth Street, Santa Rosa, CA 95404*