Classes & Workshops

ART JOURNALING

Saturday, April 2
9:30 a.m.–Noon

We'll combine various art forms (collage, mixed media, calligraphy) with your own words, poems, scriptures, etc. in a beautiful journal that will become a treasured personal collection. We'll warm up with creativity exercises to activate your imagination and then play with color, papers, and artistic tools. Bring a 8 x 10 or 9 x12 hard covered journal with unlined paper in it. Cost: $50 (includes all supplies, except journal).

These popular classes are facilitated by gifted local artist, author and musician, Maria Crane. "I believe that my artistic journey and the art work I create can heal, restore, and uplift the human body, soul and spirit." Visit Maria's website at www.mariacrane.com

CULTIVATING YOUR CREATIVITY

Wednesdays, April 6-27
7–9 p.m.

We'll engage in activities/ exercises to unlock your creative energy and explore ways to stretch your imagination and discover your favorite art forms. You'll be encouraged to create using writing, music, drawing, dance, etc. Bring a journal to record your inspirations and ideas and any instrument, writing, or artistic medium you wish to share.
Cost: $50 for 4 sessions and all materials (except journal).

Register online at www.journeycenter.org or call 707-578-2121
Journey Center, 1601 Fourth Street, Santa Rosa, CA 95404