



Remembering and Celebrating God Along Life's Way

A Spiritual Practice to Nourish our Souls

Saturday, April 8, 9:30 am - 12:30 pm

When do we find the time to reflect on our walk with the Holy and remember and savor the blessings of God? We long for this sacred time because when sought in this way, the Spirit provides rich nourishment for our souls. Yet, our longing can be left unsatisfied when the pace and needs of life so easily dominate our calendars. Here is help for the journey!

In this uniquely designed workshop, we will lead you through a contemplative process of remembering and celebrating God's presence. Through prayerful prompts and reflection, you will be invited to create a timeline that portrays how the Holy has moved and spoken in the seasons of your life. Engaging in this exercise will illuminate the desires and longings of your heart and continue to deepen your relationship with the Holy.

Led by Dale Webb and Christopher Huber, Journey Center spiritual directors.

Cost: \$35. Register online at www.journeycenter.org or call 707-578-2121.

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707-578-2121 www.journeycenter.org