

# JULY 2018



1601 Fourth Street  
Santa Rosa, CA 95404  
(707) 578-2121  
www.journeycenter.org  
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**Everyone Welcome**  
Workshops • Retreats • Art Gallery • Spiritual Direction

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 12 pm Centering Prayer	3 12 pm Imaginative Prayer	4 Journey Center closed for 4th of July	5 5:30 pm Centering Prayer	6 12 pm A Quiet Place for Lectio Divina	7 9 am Companions in Grace...a morning in silence, First Congregational UCC, Santa Rosa
8	9 12 pm Centering Prayer	10 12 pm Imaginative Prayer	11 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina 5 pm Downtown market	12 5:30 pm Centering Prayer	13 12 pm A Quiet Place for Lectio Divina	14
15	16 12 pm Centering Prayer 6:30 pm Group Spiritual Direction for Caregivers	17 12 pm Imaginative Prayer	18 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina 5 pm Downtown market	19 5:30 pm Centering Prayer	20 12 pm A Quiet Place for Lectio Divina 5 pm <i>Moments of Wonder</i> art show opening reception	21
22	23 12 pm Centering Prayer 5 pm The Attorney Is In	24 12 pm Imaginative Prayer	25 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina	26 5:30 pm Centering Prayer	27 12 pm A Quiet Place for Lectio Divina	28
29	30 12 pm Centering Prayer	31 12 pm Imaginative Prayer	<p>Please stop by for a visit if you're looking to give your mind, body and spirit some rest, Monday - Friday 10:00 a.m. - 4:00 p.m.</p> <p>You'll always find warm hospitality and a cup of coffee/tea. And there's always someone to talk and/or pray with. We look forward to welcoming you.</p>		<p>We are a 501 (c) 3 non-profit and its only by your generous donations that we are able to serve our community.</p> <p>Register and/or pay for a classes, workshops or events online at <a href="http://www.journeycenter.org/regForm.php">www.journeycenter.org/regForm.php</a> or call the Journey Center at (707) 578-2121.</p>	

**We exist to offer a Christ-centered haven for spiritual exploration and reflection.**

FREE  
DROP IN

## Centering Prayer Groups

Mon, Noon - 12:45 pm  
Thurs, 5:30 pm - 6:00 pm

A time of prayer and contemplation in which we practice a Christ-centered form of meditation. People on all silent meditation paths are welcome, both beginners and experienced practitioners.

FREE  
DROP IN

## Weekly Contemplative Prayer/ Meditation Group: Centering Prayer/Prayer of the Imagination United Methodist Church, Sebastopol

Wed, Noon - 1:00 pm (meets in the sanctuary)  
You are invited to encounter Christ in silence, in contemplation and in the imagination, as we practice Christ-centered forms of meditation. Beginners and people on all meditation paths welcome.

FREE  
DROP IN

## Imaginative Prayer: Encountering Christ in the Gospels

Tues, Noon - 1:00 pm

Encounter Christ in the stories of His life using the gift of your God-given imagination. This gathering offers a guided prayer/meditation time in which the events of the life of Christ become present and personal, allowing us a direct experience of the love of God.

FREE  
DROP IN

## Centering Prayer and Lectio Divina

Wed, 6:30 pm - 8:00 pm

We begin with Centering Prayer, a method of silent prayer that opens and prepares us to experience God's presence and transforming love. Silent prayer is followed by the spiritual practice Lectio Divina and sharing.

FREE  
DROP IN

## A Quiet Place for Lectio Divina

Fri, Noon - 1:00 pm

Following this Christ-centered form of meditation, we embrace the ancient art of praying the Scriptures known as Lectio Divina where we listen with the "ear of the heart" with the aim of nourishing and deepening our relationship with the Holy One.

FREE  
DROP IN

## Companions in Grace . . .

### a morning of silence

Sat, July 7, 9:00 am - 11:15 am

Join Carla Holt and Dale Webb for a morning of silent meditation and prayer. All who enjoy silent prayer or meditation are welcome. A brief orientation and instruction in the way of Centering Prayer will be available. First Congregational UCC, Friendship Hall, 2000 Humboldt Street, Santa Rosa.

FREE  
DROP IN

## Santa Rosa Downtown Market

July 11 & 18, 5:00 pm - 8:30 pm

For the 13th year in a row, we are blessed to set up our healing prayer booth at the Santa Rosa Wednesday Night Market. We get the opportunity to build relationships with those who come to the booth for prayer and then return in subsequent weeks to tell us updates. **If you feel called to share your spiritual gifts of hospitality, love and prayer, please call us at (707) 578-2121.**

CALL  
FOR  
INFO.

## Group Spiritual Direction for Professional Caregivers, Clergy and Chaplains

July 16, 6:30 pm - 8:00 pm

Do you have a profession where you counsel, care for or serve others in crisis, trauma or under stress? We currently have a group formed and sometimes spots open with this group. **Please call (707) 578-2121 for more information.**

FREE  
DROP IN

## Artist Opening Reception, Doug Richardson

July 20, 5:00 p.m. - 7:00 p.m.

Join us for an open house style reception featuring local artist, Doug Richardson. Meet Doug and discover the inspiration behind his art. We'll be serving complimentary appetizers and beverages. The show runs through September 7.

PRE-  
REGISTER  
FREE

## The Attorney is In

July 23, 5:00, 5:45 & 6:30 p.m.

Meet with our favorite attorney, Roy Johnston, at the Journey Center for a no-cost 30-minute consultation. Roy is a specialist in estate planning, probate, trust administration, mortgages, real estate and business, and is conversant in other areas of law, such as family law and bankruptcy, and can give referrals to attorneys who specialize in these other areas of law. **Call the Journey Center (707) 578-2121 to schedule an appointment.**

## Did you know that we are on Facebook?

Follow us at [www.facebook.com/thejourneycenter](http://www.facebook.com/thejourneycenter) or [www.facebook.com/thejourneycenter](http://www.facebook.com/thejourneycenter) to see pictures from past events, news for up-coming events and posts to enrich your journey towards encountering God and being renewed.

Summer can be a time for some extra margin in your life. Just as this calendar has a bit more margin in events, you may have an opportunity to experience a bit more spaciousness in your schedule.

Maybe you'd like to have a quiet place to rest, to reflect, or to receive prayer. How about having lunch in our garden? That's what it's like when you stop by and visit us Monday - Friday, 10am - 4pm. You are welcome. Come to encounter the Holy and see what happens.

## For more information

Visit our website [www.journeycenter.org](http://www.journeycenter.org) and click on the "Happenings" tab for more details about each program.

All programs take place at the Journey Center Santa Rosa unless noted.

## To register for classes, workshops, events

To register and pay for classes, workshops and events, please visit our website [www.journeycenter.org](http://www.journeycenter.org) and click on and fill out the "event registration form," link on the right side of the page or call us at (707) 578-2121.