

**DECEMBER
2017**



ENCOUNTER GOD • BE RENEWED

1601 Fourth Street
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www.journeycenter.org
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please stop by for a visit if you're looking to give your mind, body and spirit some rest, Monday - Friday 10:00 a.m. - 4:00 p.m.</p> <p>You'll always find warm hospitality and a cup of coffee/tea. And there's always someone to talk and/or pray with. We look forward to welcoming you.</p>		<p>We are a non-profit 501(c)3 and its only by your generous donations that we are able to exist as an oasis for the spiritually thirsty.</p> <p>Register and/or pay for a classes, workshops or events online at www.journeycenter.org/regForm.php or call the Journey Center at (707) 578-2121.</p>			<p>1 12 pm A Quiet Place for Lectio Divina</p>	<p>2</p>
<p>3 7 pm Advent Reflections</p>	<p>4 12 pm Centering Prayer</p>	<p>5 12 pm Imaginative Prayer</p>	<p>6 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina</p>	<p>7 5:30 pm Centering Prayer 7 pm 12 Step Spirituality</p>	<p>8 12 pm A Quiet Place for Lectio Divina</p>	<p>9 2 pm Holiday art show and fundraiser</p>
<p>10 7 pm Advent Reflections</p>	<p>11 12 pm Centering Prayer 7 pm Guys Group</p>	<p>12 12 pm Imaginative Prayer 7 pm Group spiritual direction for women</p>	<p>13 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina</p>	<p>14 5:30 pm Centering Prayer 7 pm Be the Bridge to Racial Unity, small group</p>	<p>15 12 pm A Quiet Place for Lectio Divina</p>	<p>16</p>
<p>17 7 pm Advent Reflections</p>	<p>18 12 pm Centering Prayer 6:30 pm Group Spiritual Direction for Caregivers</p>	<p>19 12 pm Imaginative Prayer</p>	<p>20 Journey Center closed</p>	<p>21 Journey Center closed</p>	<p>22 Journey Center closed</p>	<p>23</p>
<p>24/31 Journey Center closed Christmas Eve/New Year's Eve</p>	<p>25 Journey Center closed Christmas Day</p>	<p>26 Journey Center closed</p>	<p>27 Journey Center closed</p>	<p>28 Journey Center closed</p>	<p>29 Journey Center closed</p>	<p>30</p>

FREE
DROP IN

Centering Prayer Groups

Mon, Noon - 12:45 pm
Not meeting December 25
Thurs, 5:30 pm - 6:00 pm

Not meeting December 21, 28

A time of prayer and contemplation in which we practice a Christ-centered form of meditation. People on all silent meditation paths are welcome, both beginners and experienced practitioners.

FREE
DROP IN

Weekly Contemplative Prayer/ Meditation Group: Centering Prayer/Prayer of the Imagination United Methodist Church, Sebastopol

Wed, Noon - 1:00 pm

Not meeting December 20, 27

You are invited to encounter Christ in silence, in contemplation and in the imagination, as we practice Christ-centered forms of meditation. Beginners and people on all meditation paths welcome.

FREE
DROP IN

Imaginative Prayer: Encountering Christ in the Gospels

Tues, Noon - 1:00 pm
Not meeting December 26

Encounter Christ in the stories of His life using the gift of your God-given imagination. This weekly gathering offers a guided prayer/meditation time in which the events of the life of Christ become present and personal, allowing us a direct experience of the love of God.

FREE
DROP IN

Centering Prayer and Lectio Divina

Wed, 6:30 pm - 8:00 pm
Not meeting December 20, 27

We begin with Centering Prayer, a method of silent prayer that opens and prepares us to experience God's presence and transforming love within us. Beginners and experienced practitioners will find this time supportive and deepening.

FREE
DROP IN

A Quiet Place for Lectio Divina

Fri, Noon - 1:00 pm
Not meeting December 22, 29

Following this Christ-centered form of meditation, we embrace the ancient art of praying the Scriptures known as Lectio Divina. In Lectio Divina, we listen with the "ear of the heart" with the aim of nourishing and deepening our relationship with the Holy One.

FREE
DROP IN

Advent Reflections: A Candlelight Contemplative Gathering

Sundays on December 3, 10 & 17,
7:00 pm - 8:00 pm

During this busy season, we gather on these three of the four Advent season Sundays to create space for the Holy and receive the gifts of joy, peace and hope. All are welcome, from all spiritual paths, for this time of beautiful seasonal music, contemplative readings and prayerful meditation. **Suggested donation:** Our compliments.

PRE-
REGISTER
PRE-PAY

12 Step Spirituality for Everyone

December 7, 7:00 pm - 8:30 pm

The 12 Steps associated with Alcoholics Anonymous contain a spirituality that transcends faith & secular traditions. Join us for a fresh look at these transformative 12 steps, one per month (May 4 - April 5). **Suggested donation:** \$10 per session.

FREE
DROP IN

Wonderful Gifts In Small Packages Holiday art show and fundraiser

December 9, 2:00 pm - 4:00 pm

Meet the artists; appetizers and beverages will be served. Your purchases support the work of local artists and the mission of the Journey Center. Artwork may be purchased through December 15. **Free admission.** **You can also view and purchase art: Monday - Friday, 10:00 a.m. - 4:00 p.m.**

DONATE
DROP IN

Contemplative Guys Group

December 11, 7:00 pm - 8:30 pm

Join spiritual director Christopher Huber and other men as we tend to the stirrings of our hearts and minds in pursuit of becoming transformed by the Divine. **Suggested donation:** \$5-\$15.

PRE-
REGISTER
PRE-PAY

Group Spiritual Direction for Women with the book *Present, Over Perfect*

December 12, 7:00 pm - 9:00 pm

Group spiritual direction provides a safe space to meet God in the presence of others and explore the ways God moves in our lives. We'll respond to readings from the book *Present, Over Perfect* in both silence and group sharing. **Suggested donation:** \$90 for 10-session series, may be paid in three installments (plus book, \$15).

PRE-
REGISTER
PRE-PAY

Be the Bridge to Racial Unity Small Group

December 14, 7:00 pm - 9:00 pm

Mindy Braun and Christopher Huber will facilitate a small group aiming to engage in a dialogue of racial justice and reconciliation. **Suggested donation:** \$60 for 9-month series, may be paid in three installments plus \$12 for series booklet.

CALL
FOR
INFO.

Group Spiritual Direction for Professional Caregivers, Clergy and Chaplains

December 18, 6:30 pm - 8:30 pm

Do you have a profession where you counsel, care for or serve others in crisis, trauma or under stress? We currently have a group formed and sometimes spots open with this group. Please call (707) 578-2121 for more information.

For more details about each program visit our website ("Happenings" tab) at www.journeycenter.org.